

Curriculum Guide  
 Subject Focus: Physical Education  
 Grades: 9-12

<p><b>STANDARD 2.1 (Wellness)</b></p> <p><b>STANDARD 2.5 (Motor Skill Development)</b> All students will utilize safe, efficient, and effective movement to develop and maintain a healthy lifestyle</p> <p><b>STANDARD 2.6 (Fitness)</b> All students will apply health related and skill related fitness concepts and skills to develop and maintain a healthy lifestyle</p>
<p><b>ESSENTIAL QUESTIONS</b></p> <ul style="list-style-type: none"> <li>• What are the rules of play?</li> <li>• Can students demonstrate proper skills when playing games?</li> <li>• Can students use communication/cooperation during game situations?</li> </ul>
<p><b>Unit: Racket Sports (Tennis, Badminton, Starball, Pickleball) Length of Unit: 2 weeks</b></p>

NJ CCCS	Outcomes: Students will...	Activities	MATERIALS	ASSESSMENT
2.1 C	Students will demonstrate use of safety rules in skill/game play.	Starball, Tennis, Badminton, Pickleball	Rackets, nets, balls	Skill Rubric
2.5 A 2.5 B	Students will demonstrate forehand, backhand, serve, lob and follow through.	Demonstration of each skill. Practice each skill. Put into game situation.		
2.6 B	Students will gain knowledge of strategies for game play and apply them in a game.	Review rules play for game and demonstrate game for students.		Written Test

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