Teacher: _____
Period: _____
Year: _____

		Push-Ups				Sit-Ups				Squats				V-Sit				Shuttle Run			
	Date:																				
	Student	MP1	MP2	MP3	MP4	MP1	MP2	MP3	MP4	MP1	MP2	MP3	MP4	MP1	MP2	MP3	MP4	MP1	MP2	MP3	MP4
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