Wellness Policy Assessment Tool

Form 357 Rev 8/17

This template provides information on wellness policy goals and practices within the SFA. Use this tool to track progress and gather ideas on ways to create a healthier school environment. A separate assessment should be completed for each school, or at a minimum, each school level. The wellness policy and completed assessment must be available to the public. Triennial assessment is required by USDA, annual assessments are strongly encouraged in New Jersey.

SFA/District	Name LOWER C	CAPE MAY REGI	Policy Reviewe	_r Victor Faison	
School Nam	e LCMR		Date	10/14/2019	
Select all gra	ades: PK K	1 2 3	4 5 6	3	10 11 12 12
Yes No	I. Public Invo We encourage the four Administrators School Board M	ollowing to participate in the	he development, im Food Service Staff Health Professions	nplementation, and evaluation of valuation o	of our wellness policy:
© (Person in charge of	compliance:			
	Name/Title: V	ictor Faison			
0 0	The policy is made a	available to the public.			
	Indicate How: V	Vebsite			
0 (Our policy goals are	measured and the results	are communicated	to the public.	
		osted on the school v	(2004 medigina dirang kada kilandirah dang Angabitan s		
0 (Our district completes triennial reviews of the wellness policy. If more frequently, please describe:			
Yes N					
0 (i de Contra de la Contra portunidad de la grapa de la deglita de mangli de contra la describió de la grapa de Transportación	II. Nutrition Education			
ŏ č		Our district's written wellness policy includes measurable goals for nutrition education.			
0 (We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc). We offer nutrition education to students in: Elementary School Middle School High School			
Yes N	• III. Nutrition F	Promotion			
O (filippi tipra aptasaperias en falleria apara filippi tipri al ris ferrageri 	Our district's written wellness policy includes measurable goals for nutrition promotion.			
Ŏ Ć		We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.			
O (We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them.			
Ō (We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).			
P .	We ensure students	We ensure students have access to hand-washing facilities prior to meals.			
ENTERED VENUE	We annually evaluat	We annually evaluate how to market and promote our school meal program(s).			
	We regularly share s	We regularly share school meal nutrition, calorie, and sodium content information with students and families.			
) We offer taste testin	We offer taste testing or menu planning opportunities to our students.			
	We participate in Far	We participate in Farm to School activities and/or have a school garden.			
3784584777536758	We only advertise ar	We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).			
^	We price nutritious f	We price nutritious foods and beverages lower than less nutritious foods and beverages.			
0 0	We offer fruits or non-fried vegetables in: Vending Machines School Stores Snack Bars à La Carte				
\circ	We have nutritional	We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.			
\circ	We provide teachers	with samples of alternativ	e reward options of	ther than food or beverages.	
0 (We prohibit the use of food and beverages as a reward				

Yes	No	IV. Nutrition Guidelines (Cont. from page 1)				
O	O	Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.				
•	O	We operate the School Breakfast Program: 🗸 Before School 🔲 In the Classroom 🔲 Grab & Go				
•	0	We follow all nutrition regulations for the National School Lunch Program (NSLP).				
0	•	We operate an Afterschool Snack Program.				
•	0	We operate the Fresh Fruit and Vegetable Program.				
0	0	We have a Certified Food Handler as our Food Service Manager.				
\odot	0	We have adopted and implemented Smart Snacks nutrition standards	for ALL items sol	d during school hours, including:		
		as à La Carte Offerings in School Stores in Vending	Machines	as Fundraisers		
Yes	No	V. Physical Activity				
•	0	Our district's written wellness policy includes measurable goals for ph	ysical activity.			
Ō	Ō	We provide physical education for elementary students on a weekly basis.				
0	Ŏ	We provide physical education for middle school during a term or semester.				
Ŏ	Ŏ	We require physical education classes for graduation (high schools only).				
$\mathbf{\tilde{o}}$	O	We provide recess for elementary students on a daily basis.				
Ŏ	Ŏ	We provide opportunities for physical activity integrated throughout the day.				
\odot	Ō	We prohibit staff and teachers from keeping kids in from recess for punitive reasons.				
ŏ	Ō	Teachers are allowed to offer physical activity as a reward for students.				
0	\sim	We offer before or after school physical activity: ✓ Competitive sp		competitive sports		
		Onal Info: Indicate any additional wellness practices and/or future go s students' health, well-being, and ability to learn. Describe progres	医骶线 电电影 化二烯二烷二烯二烷二烷 医二甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基	강마다 마리를 하다고 있는데 사고 사람들은 그 사람들이 없었다. 사람들이 있다는 사람들은 사람들이 가는 사람들이 가는 사람들이 내가 다른 사람들이 다른 사람들이		
	e infor	tact Information: mation about this school's wellness policy/practices, or ways to get invo		Wellness Committee Coordinator. Food Service Director		
	L					
Email	Fai	sonv@lcmrschools.com	Phone	609-884-3475-ext. 248		

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Policy Reviewer Victor Faison

SFA/Dis	trict Na	Name LOWER CAPE MAY REGL Policy Reviewer Vic	ctor Faison			
School N	lame	RMT Date 10	/14/2019			
Select all	grades	des: PK K 1 2 3 4 5 6	7 🗸 8 🗸 9 🗌 10 🔄 11 🔄 12			
•	No O	I. Public Involvement We encourage the following to participate in the development, implement ✓ Administrators ✓ School Food Service Staff ✓ School Health Professionals	entation, and evaluation of our wellness policy: P.E. Teachers Parents Dublic			
0	O	1 Gradit in dilarge of complication.				
6	\wedge	Name/Title: Victor Faison				
•	The policy is made available to the public.					
mm alexander	enet 💉 e	Indicate How: Website				
0	\mathbf{O}	Our policy goals are measured and the results are communicated to the	public.			
		Please describe: Posted on the school website				
0	0	Our district completes triennial reviews of the wellness policy. If more frequently, please describe:				
Yes	No	II. Nutrition Education				
•	0	er and enterests of treds and enteresting the part of the analysis of the contract of the contract of the contract of	ition education.			
0	Ō	on actividade de la compación d				
0	0	We offer nutrition education to students in: Elementary School	✓ Middle School High School			
Yes	No	III. Nutrition Promotion				
0	0	Our district's written wellness policy includes measurable goals for nutri	ition promotion.			
0	0	We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.				
•	0	We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them.				
0	0	We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).				
0	0	We ensure students have access to hand-washing facilities prior to meals.				
0	0	We annually evaluate how to market and promote our school meal program(s).				
0	0	We regularly share school meal nutrition, calorie, and sodium content information with students and families.				
0	О) We offer taste testing or menu planning opportunities to our students.				
•	0	We participate in Farm to School activities and/or have a school garden.				
0	O) We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).				
•	0	$= \frac{1}{10000000000000000000000000000000000$				
O	0) We offer fruits or non-fried vegetables in: Wending Machines School Stores Snack Bars a La Carte				
O	0					
Ō	0	We provide teachers with samples of alternative reward options other the	nan food or beverages.			
(()	We prohibit the use of food and beverages as a reward				

Yes	No	IV. Nutrition Guidelines (Cont. from page 1) Our district's written wellness policy addresses nutrition standards fo	rUSDA roimbures				
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•		We follow all nutrition regulations for the National School Lunch Program (NSLP).					
\mathcal{O}	O	We operate an Afterschool Snack Program.					
O		We operate the Fresh Fruit and Vegetable Program.					
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O	•		_	as Fundraisers			
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	Astronomic Control	Onal Info: Indicate any additional wellness practices and/or future go s students' health, well-being, and ability to learn. Describe progres					
		tact Information: mation about this school's wellness policy/practices, or ways to get invo	olved, contact the	Wellness Committee Coordinator.			
Name	Vict	tor Faison	Position/Title	Food Service Director			
Email	Fais	sonv@lcmrschools.com	Phone	609-884-3475-ext. 248			