

RICHARD TEITELMAN MIDDLE SCHOOL

MAY 2024



This institution is an equal opportunity employer

Student Lunch is \$3.50 to all Students. All entrees are offered with assorted fresh fruit and/or vegetable sides and a choice of skim low fat & fat free milk. Take a look at our daily offerings and weekly alternates below.

Daily Vegetable Offerings May Include:

Broccoli Florets, Baby Carrots, Three Bean Salad, Celery Sticks, Cucumber Coins, Cauliflower, Tossed Romaine Salad

Daily Fruit Offerings May Include:

Apples, Oranges, Bananas, Pineapple, Peaches, Pears, and Strawberries

(6) NACHO Tuesday Chicken or Beef Mexicali Rice Super Sweet Corn	(7) Chicken Bar Tenders or Nuggets Seasoned Rice Glazed Carrots	(8) Spaghetti & Meatballs Garlic Bread Stick Broccoli Tossed Salad	(9) Burger Bar Baked Beans Tossed Salad Broccoli Salad	(10) RIP-N-DIPS Plain, Pepperoni Pizza Mixed Garden Salad Fresh Fruit
(13) Fish Sticks Macaroni and Cheese Stewed Tomatoes Steamed Broccoli Pasta Salad	(14) Taco Tuesday Chicken, Beef or Fish Mexicali Beans Corn	(15) Penne & Meatballs Garlic Bread Stick Mixed Vegetable Tossed Salad	(16) TURKEY BOWL With Mashed Potatoes Glazed Carrots Tossed Salad	(17) RIP-N-DIPS Plain, Pepperoni Pizza Mixed Garden Salad Fresh Fruit
(20) Chicken Fritters With Mac & Cheese Glazed Carrots Mixed Garden Salad	(21) Taco Tuesday Chicken or Beef Seasoned Black Beans Super Sweet Corn	(22) Mozzarella Sticks or Pizza Crunchers Seasoned Green Beans Mixed Garden Salad	(23) Burger Bar or BBQ Pulled Pork Baked Beans Fries Broccoli Salad	(24) RIP-N-DIPS Plain, Pepperoni Mixed Garden Salad Fresh Fruit
MEMORIAL DAY	(28) Nacho Bar Chicken, Beef, Pork Seasoned Black Beans Super Sweet Corn	(29) Beef-A-Roni With Garlic Bread Glazed Carrots Mixed Garden Salad	(30) Burger Bar or BBQ Pulled Pork Baked Beans Sweet Potato Fries Broccoli Salad	(31) RIP-N-DIPS Plain, Pepperoni Mixed Garden Salad Fresh Fruit
(3) Chicken Bar Tenders or Nuggets Seasoned Rice Glazed Carrots	(4) Taco Tuesday Chicken, Beef or Fish Mexicali Beans Corn	(5) Brunch for Lunch Omelets/Pancakes Sausage Diced Potatoes	(6) Mac and Cheese Bowl BBQ Pork, Chicken, Beef Mixed Vegetables	(7) RIP-N-DIPS Plain, Pepperoni Mixed Garden Salad Fresh Fruit




Available Daily
Plain Pizza
Pepperoni Pizza
Pizza of the Day



Assorted Packaged Salads
Garden Veggie
Caesar Salad
Chicken Caesar Salad
Specialty Salads

Sandwiches
Peanut Butter and Jelly
Ham and Cheese Hoagie
Turkey and Cheese Hoagie
Specialty Sandwich



Available Daily
Hamburger or Cheeseburger
Cheese Steak
Chicken Patty
W/ Vegetable du jour

Daily Specials
 Mon**MEATBALL SUB**
 Tues ...**Ham and Cheese Pretzel Bun**
 Wed**CHEF'S CHOICE**
 Thurs.....**PULLED PORK**
 Fri**BAGEL SANDWICH**