

Welcome Parents and Guardians

Health



- ▶ All Health Classes are taught to 9th and 10th graders, during 1st and 2nd semester.
- ▶ 11th and 12th grade are in physical education class all year.

9th grade Health

9 weeks

- ▶ Self Esteem
- ▶ Reproduction
- ▶ Fitness and Nutrition
- ▶ Healthy and Unhealthy relationships
- ▶ Bullying

9 weeks

- ▶ CPR
- ▶ First AID

10th Grade Health

9 weeks

▶ DRIVERS EDUCATION COURSE

1. 30 hours of classroom instruction
2. State exam
3. Behind the wheel information

9 weeks

- ▶ Personality Development
- ▶ Parenting
- ▶ Reproduction disorders
- ▶ Effective communication

Physical Education

- ▶ As a department we are trying to promote lifelong fitness and wellness and keep the students as active as possible.



Be Prepared!

- ▶ Sneakers
- ▶ Shorts/sweatpants
- ▶ T-shirt
- ▶ Sweatshirts
- ▶ Locks
- ▶ **NO PHONES!**



Grades are Determined by:

- ▶ Participation
- ▶ Quizzes
- ▶ Dressed appropriately for class

Absences

- ▶ Students are responsible for the days they missed.
- ▶ Students can show or email their teachers steps on their phones.
- ▶ Medicals are to see their teacher for work.



Activities

- ▶ Tennis
- ▶ Flag Football
- ▶ Basketball
- ▶ Pickle Ball
- ▶ Badminton
- ▶ Volleyball
- ▶ Frisbee Golf
- ▶ Fitness
- ▶ Weight room



Any questions?

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