

Curriculum Guide
 Subject Focus: Physical Education
 Grades: 9-12

<p>STANDARD 2.1 (Wellness)</p> <p>STANDARD 2.5 (Motor Skill Development) All students will utilize safe, efficient, and effective movement to develop and maintain a healthy lifestyle</p> <p>STANDARD 2.6 (Fitness) All students will apply health related and skill related fitness concepts and skills to develop and maintain a healthy lifestyle</p>
<p>ESSENTIAL QUESTIONS</p> <ul style="list-style-type: none"> • What are the rules of play? • Can students demonstrate proper skills when playing games? • Can students use communication/cooperation during game situations?
<p>Unit: Racket Sports (Tennis, Badminton, Starball, Pickleball) Length of Unit: 2 weeks</p>

NJ CCCS	Outcomes: Students will...	Activities	MATERIALS	ASSESSMENT
2.1 C	Students will demonstrate use of safety rules in skill/game play.	Starball, Tennis, Badminton, Pickleball	Rackets, nets, balls	Skill Rubric
2.5 A 2.5 B	Students will demonstrate forehand, backhand, serve, lob and follow through.	Demonstration of each skill. Practice each skill. Put into game situation.		
2.6 B	Students will gain knowledge of strategies for game play and apply them in a game.	Review rules play for game and demonstrate game for students.		Written Test

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